

ROCKET BAKERY & FRESH FOOD

ST. JOHN'S • MOUNT PEARL • CHURCHILL SQUARE • 709-700-1336 • ROCKETFOOD.CA

CATERING MENU

Add a little Rocket ❤️ to your next meeting or event!

BLAST OFF BREAKFAST!

BEST KIND BREAKFAST SANDWICH

Bacon, egg, aged cheddar, spinach and tomato on a butter croissant or aged cheddar green onion biscuit!

HAM & SWISS CROISSANT

Ham & Swiss on a freshly-baked Butter Croissant with a daub of mayo!

FRUIT TRAY



16 inch tray with an assortment of fresh fruit and a dip!
Serves 15!

ROCKET PASTRY BOX

6-pack, 12-pack, or more!
Contains croissants, scones, cinnamon buns, biscuits and more! Variety may change.

OUT-OF-THIS-WORLD GRANOLA

Rocket's popular granola paired with Greek yoghurt and topped with our own partridgeberry apple coulis (sauce)!

OVERNIGHT OATS & CHIA

A bright, chilled breakfast topped with fresh fruit! Vegan!

THE CHUMMY

It's Rocket's breakfast burger! Cheesy baked eggs with bacon, roasted red pepper, crispy fried onions, smoked paprika and sriracha mayo, all snuggled into a toasted brioche bun!

FRESH BAKED PASTRIES

SCONE-OF-THE-DAY

Perfectly paired with a cup o' tea!
Our flavours change daily!

BUTTER CROISSANT

Our classic Butter Croissants are a Rocket staple! Also used for our Best Kind Breakfast Sandwiches.

SCHNECKE

Rhymes with neck! Glazed, delicious croissant dough enfolds lemon curd, white chocolate, coconut and toasted almonds!

ROCKET'S FABULOUS FLAKIE

Homemade puff pastry, raspberry jam and real whipped cream! We offer different flavours every Friday!

CHOCOLATE DANISH

A delicious flaky pastry filled with chocolate!

APPLE FLIP

Homemade croissant dough filled with a sweet, cinnamon apple filling!

COFFEE & TEA

BOX OF COFFEE

Insulated box of Rocket's Houseblend coffee!
Serves 15!
Includes all the fixin's!

CASE OF WATER

Too late for coffee?
24 case of water

BOX OF TEA

Insulated box of hot water, with a variety of tea!
Serves 15!
Includes all the fixin's!

SODA & JUICE

Rocket offers an assortment of soda and juices.

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SWEET TREATS

ROCKET COOKIE BOXES

17 cookies - choose assorted, vegan, or no flour

SWEET TREAT TRAY

44 pieces of the very best of Rocket Bakery!
Can accommodate dietary restrictions
(Make it Vegan or No Flour!)

ROCKET PASTRY BOX

6-pack, 12-pack, or more!
Variety may change.

ROCKET'S LAYER CAKE

Chocolate cream OR lemon cream layered between our delicious sponge cake! Both delicious!

CASABLANCA BAR

Crushed peanuts, honey, caramel, chocolate!
No flour!

BALLISTIC BROWNIE

Fudgy chocolate topped with cream cheese icing!

LOVELY LUNCH!

ROCKET'S FAMOUS FISH CAKES

Over 350,000 sold! Baked; not fried! No flour added!
Served with our homemade Tartar Sauce!

"THE ROCKET" CLASSIC CHICKEN SANDWICH

Our Bestseller! Home-roasted chicken, aged cheddar, tomatoes, spinach, Rocket Sauce, mayo on multigrain.

SPINACH CHICKEN SALAD WITH LIME BASIL DRESSING

Home roasted chicken, spinach, tomatoes, carrots, Rocket's nutty topper and dried cranberries.
no flour added, contains nuts, dressing contains dairy.

HAM & SWISS

Tomatoes, spinach, mayo and Rocket's Partridgeberry Applesauce on multigrain.

ROCKET'S SOUP-OF-THE-DAY

Happily served with a choice of multigrain bread, or our vegan *no flour* Cosmic Crackers.

NL BUDDY BOWL

Crave a feed of veggies? Quinoa, spinach, black beans, edamame, tomatoes, zucchini noodles, grated carrot, cucumber topped with pumpkin seeds, crispy fried onions (served on the side) and Rocket's Sunny Vinaigrette! Add a serving of Rocket's home-roasted chicken breast or 2 baked eggs for an additional charge.

HEAVENLY HUMMUS & CRACKERS



Rocket's famous Cosmic Crackers paired with our creamy Heavenly Hummus! *no flour added*
or order a tray that serves 15!

VEGGIE VEGAN SANDWICH



Rocket's Heavenly Hummus topped with zucchini noodles, tomatoes, spinach, roasted red peppers and cucumber on multigrain.

ROCKET'S CUBAN SANDWICH

Pulled pork, black forest ham, swiss cheese, pickles and chipotle mayo, on a house ciabatta bun.

VEGGIE TRAY



16 inch tray with an assortment of veggies and a dip!
Serves 15!

CHICKEN CLUB WRAP

Home-roasted chicken, bacon, Rocket's Ranch Sauce, aged cheddar, tomatoes, spinach and roasted red peppers.

Make any of these a combo by adding a side of soup or salad ... choose when ordering!

- Note: "No Flour Added" is our way of saying that we don't add flour to a recipe. However, we can't guarantee that any item at Rocket is "Gluten Free" as we are a wheat-based bakery and there may be flour particulates in the air.
 - To reduce plastic, our sandwiches are wrapped & delivered in recyclable, cardboard cake boxes!

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Please let us know of any special requests!
Adding a little Rocket ❤️ will make you the hero of your next meeting or event!